

September 2022 Breakfast Menu 6-12 \$1.25

Middle/High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FRM SCHOOL	BACK TO SC HOOL	BACK TO SC HOOL	BACK TO SC HOOL	BACK TO SC HOOL
WHICOM BACK	Bagel Breakfast Sandwich w/Sausage Juice Cup 4oz Fruit 1/2c Milk -8oz	Breakfast Pizza w/Sausage Juice Cup 4oz NYS Peaches -1Piece Milk-8oz	Bagel Breakfast Sandwich w/Sausage Juice Cup 4oz Fruit 1/2c Milk-8oz	Croissant Breakfast Sandwich w/Sausage Juice Cup 4oz Fruit 1/2c Milk-8oz
12	13	14	15	16
Bagel Breakfast Sandwich	Croissant Breakfast	Breakfast Pizza	Croissant Breakfast	Bagel Breakfast Sandwich
w/Sausage	Sandwich w/Sausage	w/Sausage	Sandwich w/Sausage	w/Sausage
Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz
NYS Fresh Peach-1 Piece	Fruit 1/2c	NYS Watermelon Slice	Fruit 1/2c	Fruit 1/2c
Milk-8oz	Milk-8oz	Milk-8oz	Milk -8oz	Milk-8oz
19	20	21	22	23
Bagel Breakfast Sandwich	Croissant Breakfast	Breakfast Pizza	Croissant Breakfast	Bagel Breakfast Sandwich
w/Sausage	Sandwich w/Sausage	w/Sausage	Sandwich w/Sausage	w/Sausage
Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz
Fruit 1/2c	NYS Fresh Apples-1 Piece	Fruit 1/2c	Fruit 1/2c	Fruit 1/2c
Milk-8oz	Milk- 8oz	Milk-8oz	Milk-8oz	Milk-8oz
26	27	28	29	30
Bagel Breakfast Sandwich	Croissant Breakfast	Breakfast Pizza	Croissant Breakfast	Bagel Breakfast Sandwich
w/Sausage	Sandwich w/Sausage	w/Sausage	Sandwich w/Sausage	w/Sausage
Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz	Juice Cup 4oz
Fruit 1/2c	Fruit 1/2c	Fruit 1/2c	Fruit 1/2c	NYS Fresh Apple -1 piece
Milk-8oz	Milk-8oz	Milk 8oz	Milk-8oz	Milk-8oz



NYS LOCAL FOODS

*Upstate Farms Dairy milk and yogurt

*LynOaken Farms Apples

*Local Farms Fruit

Breakfast Menu

Served Daily

Assorted Cereal w/Graham Fish

Bagels w/Cream Cheese

Strawberry Pop-Tarts

Cinnamon Rolls

Pillsbury Cinni Minis

Assorted Cereal Bars w/4oz Yogurt

Assorted Muffins w/4oz Yogurt

Offered daily with all School Breakfast:

Fresh or Prepared Fruit

(Must take ½ cup of Fruit – may take up to 1 cup)

NY State Non or Low Fat White Milk 8oz

This institution is an equal opportunity provider and employer.